



This Week at St. Brendan's

Sunday	(5-12)	8:00 a.m.	Worship
		9:00 a.m.	Sr. Choir rehearsal
		10:00 a.m.	Worship
		10:00 a.m.	Sunday School
		11:15 a.m.	Hospitality
Monday	(5-13)	11:00 a.m.	Be a Modern Episcopalian
		6:00 p.m.	Vestry meeting
Tuesday	(5-14)	7:00 a.m.	AA meeting
		10:00 a.m.	Conversation Friends
		10:30 a.m.	Bible Study
Wednesday	(5-15)	10:00 a.m.	Men's Breakfast
		7:00 p.m.	Worship
		7:00 p.m.	Overeaters Anonymous
		7:00 p.m.	Conversation Friends
		7:30 p.m.	Sr. Choir rehearsal
Thursday	(5-16)	10:00 p.m.	Brendan's Boots
		10:00 a.m.	Conversation Friends
Saturday	(5-18)	9:00 a.m.	Sacristans

Serving Sunday, May 19, 2019

Celebrant:	The Rt. Rev. Dorsey W. M. McConnell The Rev. Regis Smolko
Lay Reader:	8:00 a.m. Ruth Horton 10:00 a.m. Michael Donadee
Acolyte:	Acolyte team
Prayers:	Darrell Johnson
Chalice Bearers:	Joyce Donadee Michael Donadee
Altar Guild:	Betsy Smith Shari Tarrant
FISH:	Mary Bertucci
Godly Play:	Joyce Donadee
Door:	TBD
Nursery:	Stacy Connifey Annemarie Malbon
Ushers:	Bradford Thompson Larry Toler
Vestry:	Tim Austin
Hospitality:	Parish men
LEM:	Ruth Horton

The Priest's Corner

Time for a Retreat?

Have you ever been on a spiritual retreat? Well! Your opportunity to try one is here. Mark your calendars: JUNE 1, 2019 at St. Brendan's from 9:00am to 4:00pm.

"Retreat" comes from the Latin verb "to pull back." A retreat is a place and time where you "pull back" from the world--time away for you to get more in touch with God and yourself.

Retreats help you rest and slow down to create space. You get to detox from painful stressors. You get to withdraw from your regular life and enter a place where you get a new view or perspective as you regroup and re-energize. You find inspiration, which translates as "to breathe into." You breathe life into your life. How it comes is different for everyone, but one thing's for sure: inspiration won't strike out of nowhere, while you blindly do the same rote stuff every day. It's a frame of mind that can come from a change of landscape and outlook.

You leave a retreat lightened, clearer, recharged, refreshed, and more present. You go back home and re-establish your life in a new way.

You might recall during Lent St. Brendan's focused on the life-giving, mindfulness spirituality that the Reverend Richard Rohr has renewed for the church. Our June 1 retreat is focusing on one dimension of this spirituality known as the "enneagram."

Enneagram is a means of understanding nine distinct but interconnected personality types that have sacred implications in our spirituality and spiritual practices. Learning your type(s) helps you to pray, worship and meditate better and more comfortably because you learn your unique spiritual personality and fit spiritual practices accordingly. Not everyone prays the same way—and that's the way it should be. You will become so much more self-aware through this meaningful retreat.

During our upcoming retreat on June 1, A CONTEMPLATIVE EXPLORATION OF THE ENNEAGRAM: A GUIDE TO SELF-UNDERSTANDING AND LOVE, you will gain tools for personal growth and development with personal insight into our deepest motivations, fears and desires.

The workshop will include teaching, contemplative practices and exercises for exploring the enneagram.

Our two retreat leaders, when in Pittsburgh, have been participating at St. Brendan's for nearly a year:

Maria Hooper, MD

Maria is a primary care physician who is, believes in, and works for whole person health and wellness. She trained in internal medicine at UPMC and has practiced medicine for over 25 years. She has also trained under Richard Rohr and attended the Living School at the Center for Action and Contemplation in Albuquerque, NM. She has completed the enneagram teacher training under Russ Hudson at the Enneagram Institute in NY. She is currently in a Mindfulness/Meditation Teacher Training under Tara Brach and Jack Kornfield.

Timothy St. Onge, PsyD, PhD

Tim has been a professional counselor in private practice, spiritual mentor, and educator on the secondary, adult and college levels for forty years. For the last sixteen years, he has devised and cultivated a home based open meditation forum in Southbury, Connecticut, meeting five times weekly and once a month for full day programs.

He has studied and practiced a variety of meditation methods including mindfulness, Centering Prayer and other eastern and western practices.

He has studied and practiced with world leaders and has led several workshops and retreats in the Christian Zen and Centering Prayer methods. His current research interests are in best practices for secular contemplative living, contemplative educational approaches, and meaning centered psychotherapy.

Again, this retreat is from 9-4, Saturday, June 1 at St. Brendan's. Suggested donation is \$20 to cover food and materials. To Register, call or e-mail Katie at 412-364-5974 stbrendans@comcast.net.

Regis +

Announcements



Sticks and Strings (May 9, 7 p.m.)

Sticks & Strings will meet TONIGHT, in the library. A couple of members would like to learn to crochet, so bring your knitting and a crochet hook if you would like to crochet. Looking forward to seeing everybody. Joni Reis.



Bishop Dorsey McConnell Visits St. Brendan's. (THIS, Sunday, May 12)

Would anyone like to receive the sacrament of Confirmation when Bishop Dorsey McConnell visits St. Brendan's? The parish is considering a one-day retreat to prepare for the sacrament, which persons age 14 and up may receive. Parents are invited to consider along with their children the young person's readiness for this spiritual step into Christian maturity and leadership. Adults who have not been confirmed are invited to take this important spiritual step as well.

The bishop will also receive into the Episcopal Church any person who wants to take that formal step. Episcopalians who would like to reaffirm a commitment to this church community (for instance, those who were previously members of other Episcopal churches) are also eligible to receive a special blessing from the bishop. If you are interested in participating in any of these special rites, please contact Regis.



Can't hear yourself think sometimes in the social hall? (Sunday, May 19)

You are not alone! Our social hall is in dire need of acoustic panels to improve sound quality. Please consider a donation to the BFF fund to help us meet this important building need. Our birthday celebration will be held on May 19th after the 10 am service. Acoustic panels "sound" like a great gift idea to mark St. Brendan's 32nd year! For more info, please check out the poster in the narthex. Thank you for your support!



St. Brendan's received several donations to the **Brendan's Family & Friends Fund.**

Sheila Bigelow & James Roche in thanksgiving for the baptism of their son Jonathan Bigelow Roche.

The Rev. Dr. Moni McIntyre, in appreciation for the time she spent with us during Lent.

Joan & Paul Klinefelter, in memory of deceased members of the Klinefelter & Eswein Families.

Joyce & Michael Donadee, in celebration of the marriage of Annemarie Malbon & Daric Thompson.

Blast Off on an Epic Adventure with Us!

At this summer's Vacation Bible School, To Mars and Beyond, children will enjoy an interactive, energizing, Bible-based good time as they explore where God's power can take them. They will become Voyagers and discover how to serve God and God's mission for their lives.

VBS includes high-energy opening assemblies, bible stories, interactive bible lessons, art projects, music, snacks, and recreational time. All children from age 4 to 11 are welcome to join the adventure.



- Where: St. Brendan's Episcopal Church
- When: June 24 – 28, Monday through Friday
- Time: 9 a.m. to Noon
- Cost: \$20 for first child; \$5 for each sibling.

Registration Forms are available on-line at www.stbrendans.org or in the Narthex.



The Rite 13 Youth would like to thank everyone for their support of the Bowling for Chickens event. We had a great time and raised over \$600. We were able to buy 48 chickens through World Vision for families in developing countries. The chickens provide a vital source of nutrition to children and their families, and also provide a source of income. Thank you for your support.
Abby, Anthony, Nate, & Silvia

VOYAGER VOLUNTEERS NEEDED:

Vacation Bible school is not just for children! There are a number of ways adults and youth can help with To Mars and Beyond.

- Lead music and worship
- Coordinate crafts
- Facilitate games
- Lead Bible stories
- Prepare and serve snacks
- Serve as prayer partners

See Allison Kline if you are able to volunteer or sign up in the Narthex.



Do you have a special prayer request? You can write one and leave it on the prayer plate by Regis' office. On Sunday those prayers are offered up to God during the 8:00 worship service. Each week they are collected by the Community of Hope, and added to their daily prayers. You can also email prayer requests to stbrendans.coh@gmail.com. Community of Hope members will include those persons in daily prayers, or send out a prayer via text or email to someone if requested. All prayers and requests are kept confidential.



Used ink cartridges.

St. Brendan's will benefit from donations of used ink cartridges. Please bring them to church and place the cartridge in the box near Katie's office. Thank you.

St. Brendan's Scholarships. The parish invites young church members who will be enrolled in post-secondary education (college, technical school, etc.) in the fall of 2019 to apply for a St. Brendan's Scholarship. Grants are awarded on the basis of a young person's years of participation and attendance in parish services and activities. Guidelines and applications, which must be submitted no later than Sunday, May 12, are available by contacting the church office. Launched in 1996 by late parishioner Dorsey Dodroe, the scholarship fund has awarded 75 grants to 28 students. The program is sustained by the generosity of St. Brendan's members. Donations may be made to the fund at any time.

St. Brendan's Supper Club AN OPPORTUNITY TO GET CONNECTED WITH OTHERS AT ST. BRENDAN'S

- Groups will be small (8 people).
- Host will have it at their home.
- Host will determine meal date, time and menu.
- Host provide main course everyone else will bring a dish.
- Group changes each dinner.
- You will only Host one dinner.
- Will meet only FOUR (4) times a year.

Sign up and be part of this experience. Contact Janice Moore with questions 412-203-1252 chicago@zoominternet.net.



Brendan's Boots. (Thursday, May 16, 10 a.m.)

The parish hiking group will explore the wooded trails of the Wildflower Reserve at Raccoon Creek State Park during its next outing. Lunch will follow at Janoski's Country Restaurant. Meet in the church parking lot at 10 a.m. Everyone invited; bring a friend!

CRIS Advocacy. (Christian Response In Emergency Situations) meets monthly on the third Sunday in the library after the 10 a.m. service to determine distribution of the parish's outreach tithes each month. Each person present has an equal voice and vote. The next meeting will be **Sunday, May 19**. All are welcome.



Speaker Series. (Tuesday, May 28, 6 p.m.)

St. Brendan's Speaker Series is back. The event will begin with wine, appetizers and a silent auction. Rob Rogers, a 2019 Pulitzer Prize finalist, will be the featured speaker. Rob is the award-winning, nationally syndicated editorial cartoonist formerly with the Pittsburgh Post-Gazette. He will show a selection of his cartoons, be interviewed by Tom Waseleski and take questions from the audience. Afterwards, stay to enjoy a glass of Prosecco with dessert, which will give you time to meet Rob and discuss his new cartoon collection "Enemy of the People." Copies will be available for sale and signing by Rob. Space is limited, so reserve your seat early by calling 412-364-5974, signing up in the narthex or sending an e-mail to stbrendans@comcast.net. Tickets are \$10 in advance or \$12 at the door.



North Hills Food Pantry. In celebration of St. Brendan's Birthday, our focus this month will be on collecting birthday items; such as cake mix, flour, sugar, icing, etc. As always, all non-perishable food items or paper products are welcome. Please remember, no glass jars. If you have any questions, contact Larry Toler, ldtoler@aol.com. Thank you for your support.



St. Brendan's provided a festive Cinco De Mayo meal for the ladies at Miryam's Group Home this past Sunday. Thanks to Nancy Bancroft, Sylvia Affleck, Tammy Spoonhoward, and Janice Moore. Also, a special thank you to Rob and George Latta for delivering our meals every month.

Help Wanted. Looking for a way to pitch in at St. Brendan's, but not sure how? Here's an area where your help is needed.

• **Fundraising Ideas.** Do you have an idea for a fun and effective fundraiser that would support the mission of St. Brendan's? Maybe you have participated in a great fundraiser at a previous church or at your child's school? If so, please see Chris Botti, the vestry's fundraising liaison, or contact her via email at shadypatch@msn.com. Thanks!



We all find ourselves back at the grocery store every week, right? Do you know that you can help raise funds for St. Brendan's when you grocery shop?! Purchase your groceries using Giant Eagle or Kuhn's gift cards bought at church. Because St. Brendan's buys the cards in bulk, the church makes 5 percent on every sale.

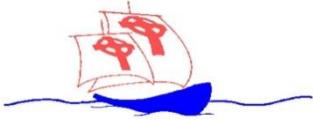


Cards are sold after both services on Sundays. You can also purchase them during business hours in the church office. **It's the no-sweat fundraiser!**

Trinity Cathedral Walk-In Ministry. Every five weeks Brendanites help to staff the Walk-In Ministry at Trinity Cathedral downtown, feeding and clothing 70 to 90 desperately needy people. You can help by donating children's diapers; new, white athletic socks and underwear for women and men; toothpaste, razors and travel-size cans of shaving cream. Please leave donations in the wicker basket outside Regis's office. If you might be interested in volunteering at the cathedral in person, please see Linda Schneider, Meg Overby or Tim Austin.

The Muslim community in the North Hills invites the community to a Ramadan dinner at their mosque on May 22. The mosque is located in Pine Richland Township very near the Pines Restaurant. It is a fun and informative evening and it will be an event that you will remember. Contact Larry Toler or Joyce Donadee if you would like to join a group from St. Brendan's who will be going. Children are welcome at this event. Please see the bulletin board for more information.

Please scroll to the next few pages for the Hospitality Hour schedule and the May ministry calendar.



May 2019

Ministry calendar

Date	Lectors	Altar Guild	Sunday School	Nursery	Usher	Vestry	Hospitality
May 1 Wednesday 7:00 pm	Sylvia Affleck	Sylvia Affleck	~	~	~	~	~
May 5 Sunday 8 & 10:00 am	8 Charlotte Pierce L Theresa Bryant P Nate Boyd C Stacey Coyle C Theresa Bryant LEV Joyce Donadee	Tammy Spoonhoward Janice Moore	Fish Allison Kline Godly Play TBD Door TBD	Stacy Connifey Mary Haider	Joyce & Michael Donadee	Kevin Boyd	Kelli Cerra Ellen Groves
May 8 Wednesday 7:00 pm	Alan Schneider	Linda Schneider	~	~	~	~	~
May 12 Sunday 8 & 0:00 am	8 Ruth Horton L Michael Donadee P Darrell Johnson C Joyce Donadee C Michael Donadee LEV Ruth Horton	Betsy Smith Anelisa Tarrant	Worship participation	Stacy Connifey Sarika Sethia	Chris Fleissner Eric Helmsen	Tim Austin	Parish men
May 15 Wednesday 7:00 pm	Ellen Groves	Ellen Groves	~	~	~	~	~
May 19 Sunday 8 & 10:00 am	8 Joan Beatrous L Tim Austin P Alan Schneider C Tim Austin C Dean Peters LEV Darrell Johnson	Ellen Groves Shari Tarrant	Fish Mary Bertucci Godly Play Joyce Donadee Door TBD	Stacy Connifey Annemarie Malbon	Brad Thompson Larry Toler	Tom Waseleski	Sharon & Ron Ladick
May 22 Wednesday 7:00 pm	Ellen Groves	Ellen Groves	~	~	~	~	~
May 26 Sunday 8 & 10:00 am Children's Sunday	8 Ellen Groves L Children P Children C Darrell Johnson C Janice Moore LEV Stacey Coyle	Terry Dezort Chris Botti	Children's Liturgy	Stacy Connifey Libby Juel	Bob Smith Mike Wick	Ruth Horton	Tammy & Bill Spoonhoward
May 29 Wednesday 7:00 pm	Tammy Spoonhoward	Tammy Spoonhoward	~	~	~	~	~

Hospitality Hour Hosts/Hostesses

October 2018  September 2019

October 2018

- 7 Nancy & George Snyder
- 14 Pat Carl & Joan Beatrous
- 21 Animal Blessing
- 28 Gail Gagnon & Karen Dennis

November 2018

- 4 Joyce & Michael Donadee
- 11 Darrell Johnson & Ruth Horton
- 18 Eric Helmsen & Joni Reis
- 25 Nancy & Wilder Bancroft

December 2018

- 2 Saundy & Tom Waseleski
- 9 Chris & Roger Botti
- 16 Anelisa Tarrant & Janet Fesq
- 23 Julia Wick & Ken Parsons
- 30 Rob & George Latta

January 2019

- 6 Kate & Keith Heston
- 13 Anne & Jno Hunt
- 20 Julia & Mike Wick
- 27 Mary & Jim Evanochko

February 2019

- 3 The Fleissner family
- 10 Janice & Dan Moore
- 17 Ken Parsons & Regis Smolke
- 24 Amy & Kevin Boyd

March 2019

- 3 Mary & Dale Bertucci
- 10 Brad Thompson & Larry Toler
- 17 Allison Kline & Linda Meske
- 24 Michael Newton & Peter Sweet
- 31 Lauren Chappo & Becca Sands

April 2019

- 7 Karen & Dean Peters
- 14 Sharon Hlawati & Donna Aielle
- 21 Megan Overby & Tim Austin
- 28 Pot Luck

May 2019

- 5 Kelli Cerra & Ellen Groves
- 12 Mother's Day/Bishop's visit
- 19 Sharon & Ron Ladick
- 26 Tammy & Bill Spoonhoward

June 2019

- 2 Linda & Alan Schneider
- 9 Susan Shoemaker & Margie Davies
- 16 Annemarie Malbon & Janet Fesq
- 23 Parish Picnic
- 30 Jillian Mooman & Cameron Grosh

July 2019

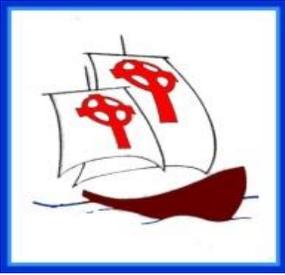
- 7 Stacy Connifey & Mary Haider
- 14 Judy Flick & Marcy Little
- 21 Debbie Wunsche & Jim Gray
- 28 Betsy & Bob Smith

August 2019

- 4 Joan & Paul Klinefelter
- 11 Angela & Michael Schlumpf
- 18 Allison & Phil Burdette
- 26 Theresa Bryant

September 2019

- 1 Darrell Johnson & Isaac Mondelus
- 8 Laureen & Todd Douds
- 15 The Aretz & Kinley family
- 22 Melanie & Thaddeus Popovich
- 29 Jean Pett-Ridge & Marge Marine



ST. BRENDAN'S MISSION

Jesus said, "I have come to give life – life in all its fullness." John 10:10.
Our mission is the realization of fullness through:
the worship of God; service to the world;
active concern for each other;
and education to expand mind and spirit.

PARISH LIFE MINISTRY LEADERS

Audit: Kevin Boyd
Book Club: Pat Carl
Brendan's Boots: Tom Waseleski
Dinner Group: Janice Moore
Finance Chair: Eric Helmsen
Green Thumb Gang: Roger Botti
Historian: Ellen Groves
Holiday Arts & Crafts Sale: Anelisa Tarrant
Invite Welcome Connect: Brad Thompson
Memorial Garden: Dan Moore
Merry Meal Makers (M&M's): Saundy Waseleski
Nursery: Stacy Connifey
Parish Profile: Kelli Cerra
Reiki Ministry: Melanie Popovich
Rental: Mark Shoemaker
Scholarship: Tom Waseleski
Sticks & Strings: Joni Reis
Debbie Jennings
Web Site: Kelli Cerra

VESTRY MEMBERS

Sr. Warden: Tom Waseleski
Jr. Warden & Education: Ruth Horton
Worship & Safety/Security: Tim Austin
Fundraising & Clerk: Chris Botti
Finance & Technology: Kevin Boyd
Communication: Annemarie Malbon
Inreach/Hospitality/Secretary: Janice Moore
Newcomers: Dean Peters
Invite/Welcome/Connect & Outreach: Larry Toler
Treasurer: Ellen Groves

WORSHIP MINISTRY LEADERS

Acolytes: Anelisa Tarrant
Altar Guild: Tammy Spoonhoward
Flower Ministry: Sylvia Affleck
Libby Juel
Community of Hope: Ruth Horton
Scheduler: Kelli Cerra
Ushers: Eric Helmsen

OUTREACH MINISTRY LEADERS

Adopt-A-Highway: Tom Waseleski
CRIES Advocacy: Ellen Groves
English as a Second Language: Joyce Donadee
Elizabeth Murphy
Linda Schneider
Invite Welcome Connect: Bradford Thompson
North Hills Food Bank Ministry: Ruth Horton
Garden of Hope: **Open**
Miryam's: Julia Wick
Rob & George Latta
Janice & Dan Moore
Stacy Connifey
Under One Roof: Joyce Donadee
Jim Evanochko

ST. BRENDAN'S EPISCOPAL CHURCH

Corner of Rochester & McAleer Roads
2365 McAleer Road, Sewickley, PA 15143
Phone: 412-364-5974 ~ Fax: 412-364-6024
Office hours ~ Monday thru Friday 8:00-2:00
Web Site ~ <http://www.stbrendans.org>
Facebook ~ <https://www.facebook.com/StBrendansEpiscopalChurch/>
Nextdoor ~ <https://franklinparkpittsburgh.nextdoor.com/pages/st-brendans-episcopal-church-sewickley-pa/recommend/>
Priest in Charge, Fr. Regis Smolko ~ regisjs@verizon.net
Deacon, Julie Smith ~ jlsphone1@gmail.com
Administrative Assistant, Katie Cervone ~ stbrendans@comcast.net
Music Director, Debbie Wunsche ~ dwunsche@zoominternet.net
Musician, Erica Lin ~ hylERICA@yahoo.com
Nursery, Stacy Connifey ~ stacy.connifey@gmail.com