



This Week at St. Brendan's

Sunday (5-19) 8:00 a.m. Worship 9:00 a.m. Sr. Choir rehearsal

10:00 a.m. Worship10:00 a.m. Sunday School

11:15 a.m. St. Brendan's celebration

Monday (5-20) 11:00 a.m. Be a Modern Episcopalian

6:00 p.m. Rite 13 meeting

Tuesday (5-21) 7:00 a.m. AA meeting

10:00 a.m. Conversation Friends

10:30 a.m. Bible Study

7:00 p.m. Love Teach Heal

Wednesday (5-22) 9:00 a.m. Men's Breakfast

7:00 p.m. Worship

7:00 p.m. Overeaters Anonymous7:00 p.m. Conversation Friends7:30 p.m. Sr. Choir rehearsal

Thursday (5-23) 10:00 a.m. Conversation Friends

Saturday (5-25) 9:00 a.m. Sacristans

Serving Sunday, May 19, 2019

Celebrant: The Rev. Regis Smolko

Lay Reader: 8:00 a.m. Joan Beatrous

10:00 a.m. Dean Peters

Acolyte: Acolyte team
Prayers: Alan Schneider
Chalice Bearers: Dean Peters

Janice Moore

Altar Guild: Ellen Groves
FISH: Mary Bertucci
Godly Play: Joyce Donadee

Door: TBD

Nursery: Stacy Connifey

Annemarie Malbon

Ushers: Bradford Thompson

Larry Toler

Vestry: Tom Waseleski

Hospitality: Sharon & Ron Ladick

Birthday Celebration

LEM: Darrell Johnson

The Priest's Corner

A Pretty Good Sermon Yesterday That Not Many of You Got To Hear

I want to talk to you today about tending to your God-smiling-upon responsibilities before all other decided responsibilities, whether they are self-imposed or other-imposed.

There are many God-smiling-upon responsibilities we have to act on before all other commitments, preferences or priorities. Some of them are as follows: For those of you with children, them when in need; those of you in committed relationships, your S/O when in need; those of you who have a "self," you when in need; and there's likely quite a few others.

Some of you are probably saying to yourselves, "Of course, Regis, this is obvious!" I agree; but when you do it, are you able to do it guilt-free. Some of you, I sense, can even do it guilt-free. And I truly admire that characteristic in you. Some of us though aren't there yet, especially if you're a recovering people pleaser.

Last Sunday the bishop couldn't be here for the 8:00 Liturgy, so I filled in. One person I greeted before the service said to me, "I thought the 10:00 would go too long today, so it's best for me to be here." I thought to myself, "How cool! To be taking care of self like that." Some people at the 10 o'clock shared with me on the way into church last week, "Mother's Day today, got to leave by 11 o'clock." My response, "I totally get it. Do it." This is putting God-smiling-upon responsibilities before other self or other-imposed expectations.

Yesterday, I had to come to grips with this God-smiling-upon responsibility versus myself or other-imposed responsibilities. Ken had been complaining about chest discomfort, indigestion, shortness of breath starting Monday morning. We've been working intensely around the house and yard and thought this had something to do with it. Yesterday he went to work, no discomfort. He returned home because the discomfort was back. We called his doctor and was told to go to the ER pronto. We did. I knew it was the right thing to do. I called Katie and she started cancelling things for me. I was totally OK with this. Now the real tests started coming: I started getting email requests for pastoral care and ministry. My priest-obligated self, wanted so much to answer these; however, I couldn't find the energy to reply, but forced myself to reply between Ken being transported from test to test. I was untypically short in replying—but no guilt yet. Then came the real test. One ministerial need came and this need was created by my overlooking something. I forgot to let someone know about a promise I made to another; and the pastoral demand that followed involved the person who was now justly emailing with energy to know what was going on. My people pleasing self, wanted to explain, beg forgiveness and fix. Then my God-smiling-upon responsibility came into focus, and I

simply explained my situation with Ken and suggested an approach then let it go totally. Fewer than 30 minutes later, I received the most loving, understanding response that uplifted my spirit and made my scary day so much better.

Putting our God-smiling-upon responsibilities first is not only important for us, but for those around us. I know of some people who attend the 8 o'clock Liturgy right now because music is too emotional for them given some life experiences they are currently undergoing. I know some of our people are trying out various ministries; and as they get involved with them, they discover that one or two don't fit them. I'm so glad they have the courage to bow out and try something new. I know some people who feel deep-down that they need space, time away to re-ignite, or what I like to call "Sabbath rest." They have my love and support. I also know some people, who attend other services when we have the children's liturgy, and they do so with God's blessing, and my full, loving endorsement.

You see, God puts on our hearts what our priorities must be. What's good for one is not necessarily good for another. That's why it's so safe at St. Brendan's to be your true self because we honor and accept diversity. Now, I'd always encourage people to honestly accept the needed "stretches" we have to undergo in life. There are plenty of times that we have to challenge our individual ego's quick impulse to choose pleasure over dynamic stretch. (Oh! how often, I opted for the Hershey's chocolate bar instead of 20 minutes on the stepper!) Don't miss the required "stretch opportunities" God places in front of us for our spiritual development. Sometimes you really do need to push yourself out the door to church. Being the Episcopal Church though, we do trust that you are the best decider of your God-smiling-upon responsibilities. We learn them better by trial and error, and sometimes by adding talking about such things with trusted friends or professionals.

So the next time your God-smiling-upon responsibilities says, "Better leave church before it's over cause you'll miss your son's soccer game." or "Better stay home today because you've worked a 60-hour week." Pay attention. Otherwise you only have limited alternatives. Stay or go any way and resent your decision the whole time you're there. Or even more complicated, start thinking the responsibility for taking care of you is not in you but in others. Or even most complicated, insist that church changes to meet your individual God-smiling-upon responsibilities.

Peace and good.

Regis +

Announcements

Parish Notes. At its meeting on Monday night, St. Brendan's Vestry:

- Voted to spend up to \$3,040 on plastic security film to prevent intruders from breaching key doors and windows;
- Received an extensive update by member Tim Austin about work on several fronts to improve safety and security at St. Brendan's. New procedures will take effect and new purchases will be made in the months ahead.
- Discussed possible parishioner candidates who will be asked to serve three-year terms as lay deputy and deputy alternate and represent St. Brendan's at diocesan convention.

 —Tom Waseleski, Senior Warden (twaseleski@comcast.net)

CRIES Advocacy. (Christian Response In Emergency Situations) meets monthly on the third Sunday in the library after the 10 a.m. service to determine distribution of the parish's outreach tithe each month. Each person present has an equal voice and vote. The next meeting will be **Sunday, May 19.** All are welcome.



Can't hear yourself think sometimes in the social hall? (Sunday, May 19)

You are not alone! Our social hall is dire need of acoustic panels to improve sound quality. Please consider a donation to the BFF fund to help us meet this important building need. Our birthday celebration will be held on May 19th after the 10 am service. Acoustic panels "sound" like a great gift idea to mark St. Brendan's 32nd year! For more info, please check out the poster in the narthex. Thank you for your support!



Quiet Evening Prayer. (Wednesday, May 29, 7:00 p.m.)

The next candlelight Evening Prayer service is in at 7:00 PM on May 29. Please add this date/time to your calendar. The service includes Taize music and silent prayer, reflection, or meditation — with Communion afterwards for those who wish to remain. This is a perfect way to recover from a busy and, perhaps, stressful day. Bring a friend and enjoy this quiet time with the Lord.



St. Brendan's received several donations to the Brendan's Family & Friends Fund.

Donna Aiello, in celebration of her family.

Ellen Groves in thanksgiving for her family and friends.

Karen & Dean Peters in thanksgiving for their wonderful family here in Pittsburgh and in Roswell Georgia.



SAVE THE DATE (Sunday, June 23rd)

for St. Brendan's Annual Parish Picnic, Sunday June 23rd. Once again, it will be at Latham Shelter in North Park, located a few minutes from church. The 10:00 service will move to 11:00 and will be held at the pavilion in the park, where the picnic will follow. More details will follow, in the meantime, sign up in the narthex.

The 8:00 Eucharist will be held in the outdoor chapel.



Speaker Series. (Tuesday, May 28, 6 p.m.)

St. Brendan's Speaker Series is back. The event will begin with wine, appetizers and a silent auction. Rob Rogers, a 2019 Pulitzer Prize finalist, will be the featured speaker. Rob is the award-winning, nationally syndicated editorial cartoonist formerly with the Pittsburgh Post-Gazette. He will show a selection of his cartoons, be interviewed by Tom Waseleski and take questions from the audience. Afterwards, stay to enjoy a glass of Prosecco with dessert, which will give you time to meet Rob and discuss his new cartoon collection "Enemy of the People." Copies will be available for sale and signing by Rob. Space is limited, so reserve your seat early by calling 412-364-5974, signing up in the narthex or sending an e-mail to stbrendans@comcast.net. Tickets are \$10 in advance or \$12 at the door.

If you're contributing to the baskets for the auction, please have your items to church by Wednesday, May 22nd.

Blast Off on an Epic Adventure with Us! (June 24-28)

At this summer's Vacation Bible School, To Mars and Beyond, children will enjoy an interactive, energizing, Bible-based good time as they explore where God's power can take them. They will become Voyagers and discover how to serve God and God's mission for their lives.

VBS includes high-energy opening assemblies, bible stories, interactive bible lessons, art projects, music, snacks, and recreational time. All children from age 4 to 11 are welcome to join the adventure.



• Where: St. Brendan's Episcopal Church

When: June 24 – 28, Monday through Friday

Time: 9 a.m. to Noon

Cost: \$20 for first child; \$5 for each sibling.

Registration Forms are available on-line at www.stbrendans.org or in the Narthex.

VOYAGER VOLUNTEERS NEEDED:

<u>Vacation Bible school</u> is not just for children! There are a number of ways adults and youth can help with To Mars and Beyond.

- Lead music and worship
- Coordinate crafts
- Facilitate games
- Lead Bible stories
- Prepare and serve snacks
- Serve as prayer partners

See Allison Kline if you are able to volunteer or sign up in the Narthex.



Do you have a special prayer request? You can write one and leave it on the prayer plate by Regis' office. On Sunday those prayers are offered up to God during the 8:00 worship service. Each week they are collected by the Community of Hope, and added to their daily prayers. You can also email prayer requests to stbrendans.coh@gmail.com. Community of Hope members will include those persons in daily prayers, or send out a prayer via text or email to someone if requested. All prayers and requests are kept confidential.



Used ink cartridges.

St. Brendan's will benefit from donations of used ink cartridges. Please bring them to church and place the cartridge in the box near Katie's office. Thank you.

St. Brendan's Supper Club AN OPPORTUNITY TO GET CONNECTED WITH OTHERS AT ST. BRENDAN'S

- Groups will be small (8 people).
- Host will have it at their home.
- Host will determine meal date, time and menu.
- Host provide main course everyone else will bring a dish.
- Group changes each dinner.
- You will only Host one dinner.
- Will meet only FOUR (4) times a year.

Sign up and be part of this experience. Contact Janice Moore with questions 412-203-1252 chicago@zoominternet.net.



North Hills Food Pantry. In celebration of St. Brendan's Birthday, our focus this month will be on collecting birthday items; such as cake mix, flour, sugar, icing, etc. As always, all non-perishable food items or paper products are welcome. Please remember, no glass jars. If you have any questions, contact Larry Toler, ldtoler@aol.com. Thank you for your support.





We all find ourselves back at the grocery store every week, right? Do you know that you can help raise funds for St. Brendan's when you grocery shop?! Purchase your groceries using Giant Eagle or Kuhn's gift cards bought at church. Because St. Brendan's buys the cards in bulk, the church makes 5 percent on every sale. Cards are sold after both services on Sundays. You can also purchase them during business hours in the church office. It's the no-sweat fundraiser!

Trinity Cathedral Walk-In Ministry. Every five weeks Brendanites help to staff the Walk-In Ministry at Trinity Cathedral downtown, feeding and clothing 70 to 90 desperately needy people. You can help by donating children's diapers; new, white athletic socks and underwear for women and men; toothpaste, razors and travel-size cans of shaving cream. Please leave donations in the wicker basket outside Regis's office. If you might be interested in volunteering at the cathedral in person, please see Linda Schneider, Meg Overby or Tim Austin.

The Muslim community in the North Hills invites the community to a Ramadan dinner at their mosque on May 22. The mosque is located in Pine Richland Township very near the Pines Restaurant. It is a fun and informative evening and it will be an event that you will remember. Contact Larry Toler or Joyce Donadee if you would like to join a group from St. Brendan's who will be going. Children are welcome at this event. Please see the bulletin board for more information.

Please scroll to the next few pages for the Hospitality Hour schedule and the May & June ministry calendars.



May 2019 Ministry calendar

Date	Lectors	Altar Guild	Sunday School	Nursery	Usher	Vestry	Hospitality
May 1 Wednesday 7:00 pm	Sylvia Affleck	Sylvia Affleck	~	~	~	~	~
May 5 Sunday 8 & 10:00 am	8 Charlotte Pierce L Theresa Bryant P Nate Boyd C Stacey Coyle C Theresa Bryant LEV Joyce Donadee	Tammy Spoonhoward Janice Moore	Fish Allison Kline Godly Play TBD Door TBD	Stacy Connifey Mary Haider	Joyce & Michael Donadee	Kevin Boyd	Kelli Cerra Ellen Groves
May 8 Wednesday 7:00 pm	Alan Schneider	Linda Schneider	~	~	~	~	~
May 12 Sunday 8 & 0:00 am	8 Ruth Horton L Michael Donadee P Darrell Johnson C Joyce Donadee C Michael Donadee LEV Ruth Horton	Betsy Smith Anelisa Tarrant	Worship participation Bishop's visit	Stacy Connifey Sarika Sethia	Chris Fleissner Eric Helmsen	Tim Austin	Parish men
May 15 Wednesday 7:00 pm	Ellen Groves	Ellen Groves	~	~	~	~	~
May 19 Sunday 8 &10:00 am	8 Joan Beatrous L Dean Peters P Alan Schneider C Janice Moore C Dean Peters LEV Darrell Johnson	Ellen Groves Shari Tarrant	Fish Mary Bertucci Godly Play Joyce Donadee Door TBD	Stacy Connifey Annemarie Malbon	Brad Thompson Larry Toler	Tom Waseleski	Sharon & Ron Ladick
May 22 Wednesday 7:00 pm	Sylvia Affleck	Sylvia Affleck	~	~	~	~	~
May 26 Sunday 8 &10:00 am Children's Sunday	8 Charlotte Pierce L Children P Children C Darrell Johnson C Janice Moore LEV Stacey Coyle	Terry Dezort Chris Botti	Children's Liturgy	Stacy Connifey Libby Juel	Bob Smith Mike Wick	Ruth Horton	Tammy & Bill Spoonhoward
May 29 Wednesday 7:00 pm	Tammy Spoonhoward	Tammy Spoonhoward	~	~	~	~	~



June 2019 Ministry calendar

Date	Lectors	Altar Guild	Sunday School	Nursery	Usher	Vestry	Hospitality
June 5 Wednesday 7:00 pm	Ellen Groves	Ellen Groves	~	~	~	~	~
June 9 Sunday 8 & 0:00 am	8 Ruth Horton L Nate Boyd P Michael Donadee C Joyce Donadee C Michael Donadee LEV Ruth Horton	Sylvia Affleck Janet Fesq	End of year celebration	Stacy Connifey Sarika Sethia	Bob Smith Eric Helmsen	Janice Moore	Susan Shoemaker Margie Davies
June 12 Wednesday 7:00 pm	Alan Schneider	Linda Schneider	~	~	~	~	~
June 16 Sunday 8 &10:00 am	8 Joan Beatrous L Susan Shoemaker P Anne Hunt C Tim Austin C Debbie Wunsche LEV Darrell Johnson	Joan Klinefelter Janice Moore	Summer Break	Stacy Connifey Pat Carl	Brad Thompson Larry Toler	Chris Botti	Annemarie Malbon Janet Fesq
June 19 Wednesday 7:00 pm	Sylvia Affleck	Sylvia Affleck	~	~	~	~	~
June 23 Sunday 8 &10:00 am	8 Joe Macklin L Debbie Wunsche P Susan Shoemaker C Darrell Johnson C Janice Moore LEV Stacey Coyle	Terry Dezort Anelisa Tarrant	Summer Break	Stacy Connifey Julia Wick	Chris Fleissner Mike Wick	Annemarie Malbon	Parish Picnic
June 26 Wednesday 7:00 pm	Tammy Spoonhoward	Tammy Spoonhoward	~	~	~	~	~
June 30 Sunday 8 &10:00 am	8 Sylvia Affleck L Children P Children C Theresa Bryant C Debbie Wunsche LEV Joyce Donadee	Chris Botti Shari Tarrant	Summer Break	Stacy Connifey Mary Haider	Brad Thompson Larry Toler	Larry Toler	Jillian Mooman Cameron Grosh

Hospitality Hour Hosts/Hostesses

October 2018 September

October 2018

- 7 Nancy & George Snyder
- 14 Pat Carl & Joan Beatrous
- 21 Animal Blessing
- 28 Gail Gagnon & Karen Dennis

November 2018

- 4 Joyce & Michael Donadee
- 11 Darrell Johnson & Ruth Horton
- 18 Eric Helmsen & Joni Reis
- 25 Nancy & Wilder Bancroft

December 2018

- 2 Saundy & Tom Waseleski
- 9 Chris & Roger Botti
- 16 Anelisa Tarrant & Janet Fesq
- 23 Julia Wick & Ken Parsons
- 30 Rob & George Latta

January 2019

- 6 Kate & Keith Heston
- 13 Anne & Jno Hunt
- 20 Julia & Mike Wick
- 27 Mary & Jim Evanochko

February 2019

- 3 The Fleissner family
- 10 Janice & Dan Moore
- 17 Ken Parsons & Regis Smolko
- 24 Amy & Kevin Boyd

March 2019

- 3 Mary & Dale Bertucci
- 10 Brad Thompson & Larry Toler
- 17 Allison Kline & Linda Mesko
- 24 Michael Newton & Peter Sweet
- 31 Lauren Chappo & Becca Sands

April 2019

- 7 Karen & Dean Peters
- 14 Sharon Hlawati & Donna Aiello
- 21 Megan Overby & Tim Austin
- 28 Pot Luck

May 2019

- 5 Kelli Cerra & Ellen Groves
- 12 Mother's Day/Bishop's visit
- 19 Sharon & Ron Ladick
- 26 Tammy & Bill Spoonhoward

June 2019

- 2 Linda & Alan Schneider
- 9 Susan Shoemaker & Margie Davies
- 16 Annemarie Malbon & Janet Fesq
- 23 Parish Picnic
- 30 Jillian Mooman & Cameron Grosh

July 2019

- 7 Stacy Connifey & Mary Haider
- 14 Judy Flick & Marcy Little
- 21 Debbie Wunsche & Jim Gray
- 28 Betsy & Bob Smith

August 2019

- 4 Joan & Paul Klinefelter
- 11 Angela & Michael Schlumpf
- 18 Allison & Phil Burdette
- 26 Theresa Bryant

September 2019

- 1 Darrell Johnson & Isaac Mondelus
- 8 Laureen & Todd Douds
- 15 The Aretz & Kinley family
- 22 Melanie & Thaddeus Popovich
- 29 Jean Pett-Ridge & Marge Marine



ST. BRENDAN'S MISSION

Jesus said, "I have come to give life – life in all its fullness." John 10:10.

Our mission is the realization of fullness through:
the worship of God; service to the world;
active concern for each other;
and education to expand mind and spirit.

VESTRY MEMBERS

Sr. Warden: Tom Waseleski
Jr. Warden & Education: Ruth Horton
Worship & Safety/Security: Tim Austin
Fundraising & Clerk: Chris Botti
Finance & Technology: Kevin Boyd

Communication: Annemarie Malbon Inreach/Hospitality/Secretary: Janice Moore

Newcomers: Dean Peters
Invite/Welcome/Connect & Outreach: Larry Toler

Treasurer: Ellen Groves

WORSHIP MINISTRY LEADERS

Acolytes: Anelisa Tarrant

Altar Guild: Tammy Spoonhoward

Flower Ministry: Sylvia Affleck

Libby Juel

Community of Hope: Ruth Horton Scheduler: Kelli Cerra

Ushers: Eric Helmsen

PARISH LIFE MINISTRY LEADERS

Audit: Kevin Boyd Book Club: Pat Carl

Brendan's Boots: Tom Waseleski Dinner Group: Janice Moore Finance Chair: Eric Helmsen Green Thumb Gang: Roger Botti

Historian: Ellen Groves

Holiday Arts & Crafts Sale: Anelisa Tarrant Invite Welcome Connect: Brad Thompson Memorial Garden: Dan Moore

Merry Meal Makers (M&M's): Saundy Waseleski

Nursery: Stacy Connifey
Parish Profile: Kelli Cerra

Reiki Ministry: Melanie Popovich Rental: Mark Shoemaker

Scholarship: Tom Waseleski

Sticks & Strings: Joni Reis

Debbie Jennings

Web Site: Kelli Cerra

OUTREACH MINISTRY LEADERS

Adopt-A-Highway: Tom Waseleski CRIES Advocacy: Ellen Groves

English as a Second Language: Joyce Donadee

Elizabeth Murphy Linda Schneider

Invite Welcome Connect: Bradford Thompson

North Hills Food Bank Ministry: Ruth Horton

Garden of Hope: Open

Miryam's: Julia Wick

Rob & George Latta Janice & Dan Moore

Stacy Connifey

Under One Roof: Joyce Donadee

Jim Evanochko

ST. BRENDAN'S EPISCOPAL CHURCH

Corner of Rochester & McAleer Roads 2365 McAleer Road, Sewickley, PA 15143 Phone: 412-364-5974 ~ Fax: 412-364-6024 Office hours ~ Monday thru Friday 8:00-2:00 Web Site ~ http://www.stbrendans.org

Facebook ~ https://www.facebook.com/StBrendansEpiscopalChurch/

 $Next door \sim \underline{https://franklinparkpittsburgh.next door.com/pages/st-brendans-episcopal-church-pages/st-brendans-episcop$

sewickley-pa/recommend/

Priest in Charge, Fr. Regis Smolko ~ regisjs@verizon.net

Deacon, Julie Smith ~ jlsphone1@gmail.com

Administrative Assistant, Katie Cervone ~ stbrendans@comcast.net Music Director, Debbie Wunsche ~ dwunsche@zoominternet.net

Musician, Erica Lin ~ hylerica@yahoo.com

Nursery, Stacy Connifey ~ stacy.connifey@gmail.com